

Summit Hiking Tracks

Five hiking
track options to
choose from.

Descriptions on
following pages

Track 1

Friday

Beaver Mountain
Keppoch Summit

Saturday

Arisaig
Eiggman

Sunday

Hemlock Grove
Keppoch Whiterock

Track 2

Friday

Beaver Mountain
Keppoch Summit

Saturday

Fairmont Ridge
Cape George

Sunday

Pomquet
Keppoch Glass
Slipper

Track 3

Friday

Beaver Mountain
Keppoch Summit

Saturday

Hemlock Grove
Keppoch Glass Slipper

Sunday

Fairmont Ridge
Cape George

Track 4

Friday

Beaver Mountain
Keppoch Summit

Saturday

Cape George
Fairmont Ridge

Sunday

Eiggman
Hemlock Grove

Track 5

Friday

Beaver Mountain
Keppoch Summit

Saturday

Eiggman
Arisaig

Sunday

Keppoch Whiterock
Pomquet

Summit Hike Info

Descriptions of the Summit hikes!

Beaver Mountain

Distance: 6.1km

Type: Loop

Difficulty: Some hills and well groomed trails.

Elevation: 155m

Notes: Located in James River, this park was originally a Provincial Park campgorund. On a clear day, there are views of Antigonish Harbour & Cape Breton Island.

Arisaig

Distance: 2.2km

Type: Loop, plus out-and-back

Difficulty: Some hills and difficult terrain

Elevation: 63m

Notes: Nova Scotia's top winds through Hurricane Fiona were recorded here at 179km/hr. There is extensive damage visible, but also breathtaking ocean views and the coveted Arisaig Falls.

Cape George

Distance: 6.0km

Type: Loop

Difficulty: Moderate hills and most of the route on difficult terrain.

Elevation: 244m

Notes: Starting and ending at the Old School Heritage Museum, these trails are more rugged with North Shore charm. The 37 km of trails have significant Fiona damage.

Antigonish Landing Trail

Distance: 4km

Type: Out-and-back

Difficulty: Easy, flat

Elevation: 17m

Notes: Hike along an estuary of Antigonish Harbour, on the outskirts of town. Two elevated platforms offer an unobstructed view of osprey, eagles and ducks in the wildlife sanctuary.

Keppoch Glass Slipper

Distance: 6.2km

Type: Loop, plus out-and-back

Difficulty: Some hills and moderate terrain
Elevation: 169m

Notes: One of Keppoch's best kept secrets! Walking through what is left of our Acadian forest post-Fiona, at the furthest points in this hike reaches the neighbouring Maple Syrup operation.

Keppoch Summit

Distance: 5.5km

Type: Loop

Difficulty: Moderate hills and well groomed trails.

Elevation: 152m

Notes: Keppoch's most popular hiking trail, there are two picnic shelters with scenic views at the top. On a clear day you can see Antigonish Harbour.

Keppoch Whiterock

Distance: 5.8km

Type: Loop

Difficulty: Almost entirely flat, wide groomed trails.

Elevation: 44m

Notes: You will see gypsum sinkholes throughout the trail and the popular "Whiterock" water view and scenic stopping point on the hike.

Eiggman

Distance: 8.3km

Type: Loop

Difficulty: Somewhat difficult terrain with significant hills

Elevation: 217m

Notes: Eigg Mountain-James River Wilderness Area is newly expanded mixed-use trails. There are steep hills down to ravines and mixed hardwood forests.

Fairmont Ridge

Distance: 6.2km

Type: Loop

Difficulty: Moderate hills and somewhat difficult terrain.

Elevation: 180m

Notes: A series of stacked loop trails allowing hikers to enjoy routes up to 4 hour, 12 km hikes. The trails travel through old-growth forest, brooks and beaver pond.

Hemlock Grove

Distance: 4.3km

Type: Loop

Difficulty: Somewhat difficult terrain with significant hills

Elevation: 104m

Notes: Begins with a steep incline through a field with a beautiful view at the top overlooking Brierly Brook. Then wander through a serene hemlock grove.

Pomquet

Distance: 7.2km

Type: Loop, partial out-and-back

Difficulty: Almost entirely flat, board walk, beach walk, groomed trail.

Elevation: 67m

Notes: Beach walk with a mix of sand and stone, boardwalk trails navigating over the dunes, sandy trails. beach has the best example of dune succession in Nova Scotia.